

# Kaleidoscope 2016



*A Celebration of Excellence*  
*Obstetrical, Neonatal and Women's Health Nursing Conference*

February 22<sup>nd</sup> & 23<sup>rd</sup> 2016  
Galveston Island Convention Center  
5600 Seawall Blvd, Galveston, TX 77554

The 32nd Annual Kaleidoscope Perinatal, Neonatal and Women's Health Conference is a collaborative offering by Houston-Galveston area hospitals and schools of nursing. This year's program is sponsored by Harris Health System with support from the March of Dimes.

Kaleidoscope 2016 is a symposium designed by and for perinatal and women's healthcare nurses. Symposium objectives include recognizing current advances in perinatology, women's health care and nursing leadership, and exploring societal and ethical issues that impact women, newborns and childbearing families.

# KALEIDOSCOPE 2016 SPEAKERS

**Gary Dildy, MD**  
Baylor College of Medicine

**Catherine Eppes, MD, MPH**  
Baylor College of Medicine

**Karen Johnson, MD**  
Baylor College of Medicine

**Debra Fowler, PhD, RN**  
UT Health School of Nursing

**Mary Traub, MSN, RN, CNM**  
Baylor College of Medicine

**Joseph Garcia-Prats, MD**  
Baylor College of Medicine

**Carmina Taren, MSW, LCSW**  
Harris Health System

**Britanni Woods, MSW, LCSW**  
Harris Health System

**Patricia Heale, DNP, RNC-OB**  
Memorial Hermann Healthcare System

**Leah Navarro, MSN, RN, NNP-BC**  
Memorial Hermann Healthcare System

**Kristen Brandt, MSN, RN, NNP-BC**  
Harris Health System

**Stacy Mitchell, DNP, RN, SANE-A, SANE-P**  
Harris Health System

**Catherine Eppes, MD, MPH**  
Baylor College of Medicine

**Angela Koerner, MSN, RN, NNP**  
Memorial Hermann Children's Hospital

**Maureen Semple-Hirsch, BSN, JD, RN**  
Houston Methodist West

**Christopher Sanderson**  
iSigma Group

**Andrew Hines, PhD**  
University of Houston

**Steven Clark, MD**  
Baylor College of Medicine

**Stephanie Deal, MD**  
Baylor College of Medicine

**Tiffany McKee-Garrett, MD**  
Baylor College of Medicine

**Kenn Kirskey, PhD, RN, ACNS-BC, FAAN**  
Harris Health System

**Sherrill Sorensen, DNP, MHL, RN, CENP, RNC-OB, C-EFM**  
SageWest Healthcare

**Marguerite Hiller, BSN, RN-BC**  
Harris Health System

**Deborah Armentrout, PhD, MSN, RN, NNP-BC**  
University of Texas Medical Branch

**Ricci Sanchez, MBA, FACHE**  
Yuma Regional Medical Center

**Bonita Branch, MSN, RN**  
Houston Methodist West

**Karen Hardimon, BSN, RN**  
Houston Methodist West

**Sophia Tsakiri, MD**  
University of Texas Medical School

**Maureen Padilla, DNP, RN, NEA-BC**  
Harris Health System

**Cheryl Roth, PhD, MSN, RN**  
Scottsdale Healthcare

**Nancy Hurst, PhD, RN, IBCLC**  
Texas Children's Hospital, Pavilion for Women

**Amber Massey, BSN, JD, RN, CPHRM**  
Harris Health System

**Olinda Johnson, PhD, RN**  
Texas Woman's University



# KALEIDOSCOPE 2016 | SCHEDULE OF EVENTS

## MONDAY, FEBRUARY 22, 2016

- 7:00-7:45 am **Registration & Continental Breakfast**
- 7:50-8:00 am **Welcome and Announcements**  
Maureen Padilla, DNP, RN, NEA-BC  
CNE, Harris Health System
- 8:00-8:45 am **General Session**  
Gary Dildy, MD  
Baylor College of Medicine
- 8:50-9:10 am **March of Dimes Presentation**
- 9:15-9:45 am **Break/Exhibits**
- 9:50-10:40 am **Breakout Session I**
- A. OB: Quality and Safety: Hypertension Disorders of Pregnancy  
Catherine Eppes, MD, MPH
- B. NEO: Persistent Pulmonary Hypertension of the Newborn (PPHN)  
Karen Johnson, MD
- C. General: Developing a Rewarding Professional Nursing Career  
Debra Fowler, PhD, RN
- 10:45-11:35 am **Breakout Session II**
- A. OB: Centering Pregnancy  
Mary Traub, MSN, RN, CNM
- B. NEO: Prevention of Necrotizing Enterocolitis in the High Risk Neonate: Using Human Milk and Beyond  
Joseph Garcia-Prats, MD
- C. General: Pregnancy Loss & Neonatal Death: Working With the Bereaving Patient  
Carmina Taren, MSW, LCSW  
Britanni Woods, MSW, LCSW
- 11:40-12:40 pm **Lunch/Exhibits**
- 12:45-1:35 pm **Breakout Session III**
- A. OB: From the Brink: Case Studies in Electronic Fetal Monitoring  
Patricia Heale, DNP, RNC-OB
- B. NEO: Express Yourself: Early and Often  
Leah Navarro, MSN, RN, NNP-BC  
Kristen Brandt, MSN, RN, NNP-BC
- C. General: Human Trafficking: What Nurses Need to Know  
Stacy Mitchell, DNP, RN, SANE-A, SANE-P
- 1:40-2:30 pm **Breakout Session IV**
- A. OB: Updates in the Care of Pregnant Women with HIV  
Catherine Eppes, MD, MPH
- B. NEO: Therapeutic Whole Body Cooling  
Angela Koerner, MSN, RN, NNP
- C. General: Before the Bad Outcome: Recognizing and Managing Risk at the Bedside  
Maureen Semple-Hirsch, BSN, JD, RN
- 2:30-2:55 pm **Break/Exhibits**
- 3:00-3:50 pm **General Session**  
Kaizen Opportunities in Women's Health Care  
Christopher Sanderson  
iSigma Group
- 3:50-4:00 pm **Closing/Evaluations/CNE/Door Prizes**

## TUESDAY, FEBRUARY 23, 2016

- 7:00-7:45 am **Registration & Continental Breakfast**
- 7:50-8:00 am **Welcome and Announcements**  
Maureen Padilla, DNP, RN, NEA-BC  
CNE, Harris Health System
- 8:00-8:45 am **General Session**  
Andrew Hines, PhD  
University of Houston
- 8:50-9:10 am **March of Dimes Presentation**
- 9:15-9:45 am **Break/Exhibits**
- 9:50-10:40 am **Breakout Session I**
- A. OB: Management of Category II FH  
Steven Clark, MD
- B. NEO: Standards of Newborn Care in the Age of Birth Plans  
Stephanie Deal, MD  
Tiffany McGee-Garrett, MD
- C. General: The Magic of Writing for Publication  
Kenn Kirksey, PhD, RN, ACNS-BC, FAAN
- 10:45-11:35 am **Breakout Session II**
- A. OB: Care of the Pregnant Woman with Mental Illness  
Sherrill Sorenson, DNP, MHL, RN, CENP, RNC-OB, C-EFM  
Marguerite Hiller, BSN, RN-BC
- B. NEO: Withdrawal of Neonatal Life Support: Parent Perspectives  
Deborah Armentrout, PhD, MSN, RN, NNP-BC
- C. General: Financial Landscape of Healthcare  
Ricci Sanchez, MBA, FACHE
- 11:40-12:40 pm **Lunch/Exhibits**
- 12:45-1:35 pm **Breakout Session III**
- A. OB: Amniotic Fluid Embolism: A True Obstetrical Emergency  
Bonita Branch, MSN, RN  
Karen Hardimon, BSN, RN
- B. NEO: Neonatal Congenital Cyanotic Heart Disease Screening  
Sophia Tsakiri, MD
- C. General: Achieving Excellence: Professional Development and Nursing Scholarship  
Maureen Padilla, DNP, RN, NEA-BC
- 1:40-2:30 pm **Breakout Session IV**
- A. OB: Why Do Nurses Make Errors? We Are All Human  
Cheryl Roth, PhD, MSN, RN
- B. NEO: When Exclusive Breastfeeding during the Maternity Hospital Stay is not Possible: Supplementation Guidelines  
Nancy Hurst, PhD, RN, IBCLC
- C. General: The Interaction of Law and Ethics in Women's Health Nursing Practice  
Amber Massey, BSN, JD, RN, CPHRM
- 2:30-2:55 pm **Break/Exhibits**
- 3:00-3:50 pm **General Session**  
Expectation of Excellence: Leading from the Bedside  
Olinda Johnson, PhD, RN  
Texas Woman's University
- 3:50-4:00 pm **Closing/Evaluations/CNE/Door Prizes**

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*Special thanks to March of Dimes - Houston Division*

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